

# AGILE LEADER PROFESSIONAL CERTIFICATION



ALPC™ Version 032023





# **Agile Leader Professional Certification ALPC™**

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#### Introduction

Agility as a new organizational paradigm has been adopted by a number of companies in various industries. It is perceived that, in the next 5 years, this philosophy will be adopted exponentially by organizations; That is why we are at the right time to start developing our competencies and skills that lead us to develop as agile leaders that impact academic, professional and work environments.

In this training, leaders will find clarity about what it is to be, think and act like an agile leader. They will discover those areas that they must reinforce to generate value in their teams and organizations, and they will take a toolbox to support the growth and evolution of both personal and teams.

### **Learning Objectives**

- Look at agility from its foundations and philosophy
- Understand what agile organizations are
- Comprehend the agile leadership approach and its characteristics
- A vision of what growth means within an organization
- Understand the critical competencies required for the agile leader and identify gaps
- Adopt new mechanisms for the development of agile teams

#### **Exam format and duration**

This study program has an exam in which the candidate must achieve a score to obtain the certification in Agile Leader Professional Certification ALPC.™

Format: Multiple Choice

Questions: 40Language: English

Passing Score: 32/40 or 80 %

Duration: 60 minutos

Open Book: No

Delivery: This exam is available online

• Supervised: It will be at the Partner's discretion.

## **Certification Eligibility**

- Anyone who wants to start in the agile universe without having to do so through an agile framework
- People with leadership role in an organization
- Professionals with the aim of developing as an agile leader
- Managers who wish to improve their competencies and skills to support agile transformations



#### **Content**

#### 1. Agility Module

What is agile?

Cynefin Framework

Agile Manifesto

History of the Agile Manifesto

Aspects or Pillars of the Agile Manifesto

Principles of the Agile Manifesto

The Human Leader Agile Manifesto

Agile Leader Manifesto

Agility Module 1- Challenge

#### 2. Leadership Module

How do I know if I'm a leader?

Leadership Evolution

Leadership Styles

The Commanding/Coercive LeadershipStyle

The Visionary Leadership Style

The Affiliative Leadership Style

The Democratic Leadership Style

The Pacesetting Leader Style

The Coaching Leadership Style

Leadership Module 2 - Challenge

#### 3. Agile Leadership Module

Agile Leadership

How to differentiate leaders?

Agile Leadership

V.U.C.A

B.A.N.I

- 9 Principles of Agile Leadership: Empowered
- 1. Actions Speak Louder than Words
- 2. Improved Quality of Thinking Leads to Improved Outcomes
- 3. Organizations Improve Through Effective Feedback
- 4. People Require Meaning and Purpose to Make Work Fulfilling
- 5. Emotion is a Foundation to Enhanced Creativity and Innovation
- 6. Leadership Lives Everywhere in the Organization
- 7. Leaders Devolve Appropriate Power and Authority
- 8. Collaborative Communities Accomplish more Than Individuals
- 9. Great ideas Can Come from Anywhere in the Organization
- 12 Dimensions of Agile Leadership
- 1. Shared Vision and Passion
- 2. No to Taylorism, Embrace Agility
- 3. Market and Customer Value





- 4. Understand Where We Are with VUCA and CYNEFIN
- 5. Continuous Transformation through Improvement
- 6. Learning as an Attitude. Learning from Failures
- 12 Dimensions of Agile Leadership
- 7. Servant Leadership
- 8. Create Environment, Create Culture
- 9. Skills, Tools and Techniques
- 10. Agile Governance
- 11. Control Direction, Inspire People, Provide Autonomy
- 12. An Organizational Barbell for Stability and Innovation

Consensus across the Leadership Team

Conscious Leadership

- 5 Characteristics of Conscious Leaders According to Omaqui
- 3 Advantages of Conscious Leadership
- 7 Keys to Start Being a Conscious Leader

Agile Leadership Module 3 - Challenge

#### 4. Agile Leader Skills Module

- 4. Agile Leadership Skills
- 1. Facilitation

**Facilitation Tools: Liberating Structures** 

2. Coaching

What Coaching is not

Coaching Tools - Grow

The Growth Coaching Model

**Coaching Tools - Powerful Questions** 

- 8 Powerful Questions for Agile Leaders
- 3. Empathy

Three Types of Empathy According to Daniel Goleman

4. Communication and Negotiation

Ten Keys to Agile Communication

- 4. Stages of Negotiation
- 5. Adaptation

Agile Leadership Skills Module 4 - Challenge

#### 5. Agile Teams Module

5. Agile Teams

What is psychological safety?

4 Stages of Psychological Safety

**Team Development Models** 

Tuckman Model

**U-Theory Model** 

5 Equipment Dysfunctions

Motivation

Motivation Theory: Maslow

Intrinsic Motivation



Factors That Promote Intrinsic Motivation

**Extrinsic Motivation** 

Phases of Extrinsic Motivation

Differences Between Intrinsic and Extrinsic Motivation

Feedback

CFR- Feedback

**Empowerment** 

Levels of Empowerment

Delegation

9 Recommendations when Delegating

Agile Teams Module 5 - Challenge

6. Organizational Agility

**Organizational Paradigms** 

Organizational paradigms according to Frederic Laloux

**Red Culture** 

**Amber Culture** 

Orange Culture

Green Culture

Teal Culture (blue-green)

Organizational Models

**Organizational Structures** 

Netarchy

**Dual Model** 

Holacracy

Sociocracy 3.0

**Authors Sociocracy 3.0** 

Challenge Module 6. Organizational Agility

**Bibliography**